

Redding  
Newcomers & Friends

# WELCOME MAT

FEBRUARY 2023 o VOLUME 7 NUMBER 2



## We CAN Make a Difference



Off to great 2023! As we learned about Pathways to Hope for Children at the January general meeting, we saw the opportunity to give to this helpful nonprofit organization at our February 23<sup>rd</sup> general meeting. Deidre Mitchell said (besides nonperishable foods) there is a need for hygiene items,

along with children's cold weather socks and clothing. She also said cleaning supplies are in-demand at this time. So when you are out and about, hit those sale racks and keep that in mind. We are also accepting monetary gifts as well. This is the first time they will be receiving Newcomers donations, and they will be happy with whatever you all have to contribute. Thank you ahead for your generous contributions. We CAN (and are) making a difference!

## Message From Our President

Thanks to Susan Sechrist, our first vice president, who is standing in for me this month! I write this as I gaze over the Painted Desert, outside of Holbrook, Arizona.

December was too busy for us to visit the family. We pushed our trip to January and February. Perhaps in Newcomers, we could return the Christmas dinner dance, pushing it into January, creating a winter event during a less frantic time. I would love to hear feedback on this idea.

Officers Nominating Committee time is upon us! We will have the five-person team seeking out those willing to serve our club. Think about the office in which

**you'd like to start. Or volunteer that good friend from your favorite activity.** Serving on the board was life changing for me, in a very good way.

Position yourself for growth. Be proud of your efforts. I started my term as president challenging members to look for the gems around you. Discover new ladies to join us in the Newcomer fun. I am proud to say two of my good friends from another social circle joined Newcomers in January! Yay! Bring a friend to the general meeting this month. I can't wait to see all the new people when I return in March.

Have a happy February!

*Lucinda Williams*

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## In Memoriam

Sadly, member Lori Johns passed away suddenly on the morning of January 14<sup>th</sup>. Lori joined Newcomers in September 2021 and was an active member of Kitchen Kapers. A card will be sent to her family and a donation made to the Scholarship Fund in her memory.



# Officers

## EDITOR

Cheryl Zeh 530.360.0314  
cheryl.zeh@gmail.com

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## FINANCIAL SECRETARY

Peggy Niswander 530.222.1315

## MEMBERSHIP

Ruth Plato 530.246.2473

## PARLIAMENTARIAN

Pat Deem 530.510.1871

### Roster Update

Please remember to notify  
Membership Chair Ruth Plato  
530.246.2473  
ruth.plato@yahoo.com  
with any changes to your info

Dorothy Goss  
gossdorothy287@gmail.com



## SMILES

I think the proper term  
for “senior” women  
should be  
“Queenagers.”

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Carol Whitney

## Fun February Facts

February fluctuates between 28 and 29 days per year. The 29<sup>th</sup> day occurs only every four years during leap years.

The length of February was finalized when Julius Caesar remade the Roman calendar and assigned the month 28 days and 29 days. In 713 BC, February was officially added to the Roman calendar.

If you were born in February, your birthstone is an amethyst, and your flower is a primrose.

The western zodiac signs in February are Aquarius, which is until February 19<sup>th</sup>, and Pisces, which is until March 20<sup>th</sup>.

Over time, the length of February kept changing. At one point, it had as little as 23 days.

In the Northern Hemisphere, February is the third month of winter. Meanwhile, in the Southern Hemisphere, February is the last month of summer. Between the North and South Hemispheres, February is the equivalent of August.

The name “February” comes from the Latin word *februum*, which means purification.

February was named after a purification ritual that was like an early Roman spring cleaning festival.

In Welsh, February is sometimes known as *y mis bach*, which means “little month.”

February and January were the last months added to the Roman numeral calendar.

The Saxons called February *Sol-monath*, which means “cake month” because they would offer cakes to the gods during February.

## Welcome New Members

Linda Marchbanks ◦ 4514 Fairywood Drive Redding ◦ 951.541.3751 ◦ thelordswillnotmine@gmail.com ◦ Birthday: February 3 ◦ Cooking, quilting, art, & hand & foot ◦ Referred by Lucinda Williams

Jan O’Keefe ◦ 682 Collyer Drive Redding ◦ 925.408.8771 ◦ jano’keefe@yahoo.com ◦ Birthday: October 24 ◦ From Chico ◦ Books, hiking, & cards ◦ She was a member in Chico

Kathy Pauletich ◦ 3639 Oro Street Redding ◦ 530.243.9352 ◦ kkpauletich@gmail.com ◦ Birthday: October 24 ◦ Quilting ◦ Kathy is a returning member

Of all the words you can misspell, February is one of the most misspelled words in the English language. Even the White House has misspelled the word “February” before in a press release.

February is the only month where it’s possible to go the entire time without a full moon.

February has been Black History Month for more than 40 years.

The odds of being born on February 29<sup>th</sup> are about 1 in 1,461. Those born on a leap day can be called a “leaper” or “leapling.”

February, March, and November always start on the same day of the week unless it is a leap year.

It was in February 1964 when The Beatles made their first American television appearance on the *Ed Sullivan Show*. More than 73 million Americans watched.

There are many US states that entered the Union during the month of February. These include Massachusetts, Oregon, Arizona, and Mississippi.

Sadly, on 1 February 2003, the Space Shuttle Columbia broke apart in flight, killing all seven crew members. The accident was believed to be a result of damage that occurred during lift-off several days earlier. The tragedy occurred only 16 minutes before the shuttle was scheduled to land.

On 2 February 1848, the US and Mexico signed the *Treaty of Guadalupe Hidalgo*, which ended their war. The US paid Mexico \$15 million in exchange for California, Nevada, Utah, Arizona, New Mexico, Colorado, Wyoming, and Texas.

## GREETERS CORNER

At our February 23<sup>rd</sup> general meeting, greeters will be members of the Ladies-Only Dine Out activity. Look for them near the sign-in table and say Hello.

Ladies-Only Dine Out meets the second Wednesday of every month at 5PM. The restaurant choice each month is selected by suggestions and popular demand. Please join us for some fun dining, warm hearts, and great conversation.

RSVP to Chair Leslie Teryniak 530.722.9705 or Co-Chair Carol Gilliland 231.510.3882. We look forward to seeing you soon!

# FEBRUARY

MON

TUE

WED

THU

FRI

		1 10AM Prospective Member Coffee	2 1230PM Round Rob- in (P)	3 1PM Coloring Craze
6	7 DARK Mexican Train	8 1230PM Charmers (B)  5PM Ladies-Only Dine Out	9 10AM Redd Thumb Garden Group  <i>March Welcome Mat Submissions</i>	10 10AM Quilt N Friends
13 11AM Bunco	14 10AM Kitchen Kapers  1230PM Double Deck Pass (P)	15 DARK Needle Nuts  DARK Hand & Foot  530PM Pick of the Vine	16 11AM Creative You  1230PM Lucky Ladies (P)  530PM Why Cook Tonight?	17
20 1PM Writers Group	21 10AM Board Mtg  12PM Ladies Open Pinochle	22 1230PM Charmers (B)  DARK Book Review	23 10AM General Meeting (CONTRIBUTIONS FOR PATHWAYS TO HOPE)	24 1130AM Out-to- Lunch Bunch
27 11AM Bunco	28 1130AM Luncheon Party			

# ACTIVITIES

1 New Member Coffee 10AM ◦ Home of Susan Sechrist ◦ 2882 Aspen Glow Lane Redding ◦ Please RSVP to Susan at 530.241.8579

2 Round Robin (P) 1230PM

3 Coloring Craze 1PM Shasta Public Library ◦ Foundation Room ◦ First Floor ◦ Join in a relaxing time spent coloring & sharing stories ◦ Bring your favorite book & pens or pencils ◦ Talk about nothing important ◦ Questions? ◦ Call Cheryl Zeh 530.360.0314 ◦ Fully vaccinated members only ◦ Thanks

7 Mexican Train DARK

8 Charmers (Bridge) 1230PM ◦ We are looking for ladies who would enjoy an afternoon of "Party Bridge" ◦ Call Pam Albo at 530.242.6156 if you are interested

8 Ladies-Only Dine Out 5PM ◦ New China Two ◦ 2990 Churn Creek ◦ Please RSVP to Leslie Teryniak 530.722.9705 or Carol Gilliland 231.510.3882

9 Redd Thumb 10AM ◦ Home of Sandi Cain ◦ 5939 Brenda Lane Anderson ◦ Come paint some rocks (your design) ◦ We'll try to do two each – keep one & donate other to a worthy cause, TBD ◦ Please rsvp to Sandi at 530.355.1166 or Joan Tornai at 530.945.3476

9 March *Welcome Mat* submissions due

10 Quilt N Friends 10AM The Sewing Room Crafters Mall ◦ 2665 Park Marina Drive ◦ Quilters of all levels & new members are all welcome to join us ◦ Questions ◦ Contact Kathy Jensen 530.229.1021 or jroy@aol.com or Sheila Cissney 530.510.2599 or spinners96@sbcglobal.net ◦ Coffee will be served ◦ Come & join in the fun of quilting

13 Bunco 11AM Round Table Pizza Shasta Mall ◦ \$3 to play ◦ RSVP to Leah Bethea 209.914.9823 or Mickey Martin at 503.953.4653

14 Kitchen Kapers 10AM ◦ Home of Trudy Ribeiro ◦ 3653 Serena Street ◦ We will have guest cook, Trudy's friend Amy Brunson from The Bay Area ◦ Amy is retired from the restaurant & catering business ◦ She

4 will demo & prepare vegetarian

and chicken lettuce wraps ◦ Please RSVP to Trudy Ribeiro 707.980.1439 or Mary Hanrahan 530.262.8601

14 Double Deck Pass (P) 1230PM

15 Needle Nuts DARK

15 Hand & Foot DARK

15 Pick of the Vine 530PM ◦ Home of Donna Holloway ◦ 1424 Lear Way We will be tasting wines from Kendall Jackson in Sonoma County & those of affiliates ◦ Let's continue to celebrate Valentine's ◦ You may bring your husband or significant other ◦ Bring an appetizer or dessert item to share ◦ \$10/person to reimburse our hostess for her wine purchases ◦ Call Donna at 530.209.7510 to RSVP by Feb 10<sup>th</sup> as she has a 20-guest limit

16 Creative You 11AM ◦ Paris Park Clubhouse ◦ 2000 Paris Avenue ◦ Sherry Barret of Healing Heart Fire will give us a sound healing using different vibrational tools ◦ Sound healing helps bring heart rhythms into alignment with brain wave activity ◦ The vibration opens & balances chakras, frees energy meridian pathways, & encourages cell vibration for relaxation, improved health, & deeper sleep ◦ We'll talk about what we humans experience in today's hectic world & how sound & frequency can mitigate the discomforts ◦ Please RSVP to Freddie by text 530.355.5806 or email fred.diomartin@gmail.com

16 Lucky Ladies (P) 1230PM

16 Why Cook Tonight? 530PM ◦ Nello's Place ◦ 3055 Bechelli Lane ◦ Come & have dinner & enjoy the atmosphere & friendship with our Newcomer friends ◦ Please RSVP to Sharon Roberts at 530.356.6078 by Monday, February 13<sup>th</sup>

20 Writers Group 1PM ◦ Home of Sarah Arnold ◦ 1397 Chaos Walk ◦ Please RSVP to Sarah at 530.768.1109 ◦ If you need additional information, call Anna Gustafson at 530.605.4010 ◦ Come & share your musings with the group

21 Board Meeting 10AM ◦ Home of Connie Laughlin ◦ 926 Fantenell Court ◦ Co-hostess Trudy Ribiero ◦ Please RSVP to Connie at 530.246.1853

21 Ladies Open Pinochle 12PM ◦ Holiday Market Community Room ◦ 3315 Placer Street ◦ Call Barbara Timmerman at 530.244.2411 or email timmermanbarbara@yahoo.com if you would like to play

22 Charmers (Bridge) 1230PM ◦ We are looking for ladies who would enjoy an afternoon of "Party Bridge" ◦ Call Pam Albo at 530.242.6156 if you are interested

22 Book Review DARK

23 General Meeting 10AM ◦ Coffee will be served

24 Out-to-Lunch Bunch ◦ Social: 11:30AM ◦ Lunch: Noon ◦ Champa Garden ◦ 1107 Hilltop Drive ◦ Please RSVP to Joyce Nanson at 530.246.1224 or text to 530.440.8295 ◦ Hope you can come join us!

27 Bunco 11AM Round Table Pizza Shasta Mall ◦ \$3 to play ◦ RSVP to Leah Bethea 209.914.9823 or Mickey Martin at 503.953.4653

28 Luncheon Party 1130AM ◦ Marilee Rossetta is our hostess ◦ 4352 Key West Drive ◦ The cooks are Cheryl Zeh & Vicki Burroughs ◦ Prefer a text please or leave a phone message on February 1<sup>st</sup> for Patti Sauret at 530.515.1549 ◦ Patti or Penny Colbert will notify you within five days with the result of the lottery ◦ Please let us know if you are unable to attend ◦ No-Shows will be charged the price of lunch ◦ Be sure to leave your last name & phone number ◦ Let us know if you are a new member & have never been to a luncheon party for special consideration ◦ Text anytime if you wish to be put on the cancellation list

## SAVE THE DATE

The fashion show is back. It will be at the Elks Lodge on Thursday April 27<sup>th</sup>. More information to come.

# Birthdays

Marchbanks	Linda	3
Aguiniga	Mary	5
Fleming	Betsy	11
Arbogast	Jan	12
Moore	Sandy	13
Martin	Catherine	14
Jensen	Kathy	14
Gow	Linda	16
Deem	Pat	18
Burke	Diane	21
Chandler	Marian	21
Martin	Jeannine	23
Colbert	Penny	23
Stokes	Deborah	24
Zeh	Cheryl	26
Floyd	Marge	26
Cottengim	Linda	27



## January Kitchen Kapers

Top: Hostess Trudy Ribeiro with her co-chair Mary Hanrahan  
 Bottom: Linda Maudeve, Sherry Ruff, Patti Sauret, & Patti Dauphinee watching Trudy demonstrate a pineapple chicken recipe

## Send a Little Sunshine

Sunshine Lady Sharon Chesnut  
 530.949.7545  
 sgc1040@gmail.com

Sunshine Lady Co-Chair  
 Ame Dodge  
 530.229.0829/gerrs57@aol.com

## January

### Get Well

Pat Deem fell on Christmas Day and broke her wrist. She is doing well with her recovery, but it will be lengthy.

### Sympathy

We sent a sympathy card to Barbara Mayberry as her son passed away unexpectedly in December. Barbara was a past member and past president of Newcomers. She moved to Texas a couple of years ago.



## Interested in New Activities?

There has been some interest in two new activities: Spinning and Bowling.

I am willing to chair the spinning group, but the club needs a couple of someones to take on the bowling group.

Most groups have both a chair and a co-chair, so the work can be shared. Come forward and start a bowling group for once-a-month games. Sounds like fun. Feel free to call with **questions if you've not chaired or cochaired before.** Glad to help. New members are welcome!

Cheryl Zeh  
 Activities Coordinator  
 530.360.0314

# REDDING NEWCOMERS & FRIENDS

PO Box 494204

Redding California 96049.4204

## February 2023

### HOW TO ACCESS & REGISTER ON OUR WEBSITE

1. Go to [reddingnewcomers.com](http://reddingnewcomers.com).
2. Click on User Login, which is located at the top of the page.
3. Click on Register. A new page will appear.
4. Enter the password RNC2018 & click on Enter. A new page will appear.
5. Complete all the following information:

First Name	Birthdate
Phone Number	User Name
Mobile Number	Password
Last Name	Confirm Password (Be sure to remember your password. We will not have a record of what it is.)
Email Address	
6. Your registration will then need to be authorized. This may take a day to accomplish. Either Sharon Roberts or Carol Skill checks the website daily to activate new registrations.
7. When you sign in, the user name you enter will be either your email address OR your username, & the password you enter will be whatever you have selected.
8. If you have trouble, contact Carol Skill ([fskill@shasta.com](mailto:fskill@shasta.com)) or Sharon Roberts ([jimandsharon@charter.net](mailto:jimandsharon@charter.net)) for help.

**Important:** If there are stars or dots in the password area, ignore them. They are simply placeholders & not your old password. Your old password will not work. You have to create a new password of at least 8 characters, containing one upper case letter, one lower case letter, & one number. For example, Doggie88 or Giants510 or 4Parrot6. You get the idea. Use anything as long as it's something you will remember.

### Computer Tips & Tricks You Should Know

**1. Bring back that tab you accidentally closed.** If you close a tab by mistake, don't worry, you can bring it back by simply pressing Ctrl + Shift + T and get back to what you were doing. You can press Cmd + Shift + T to bring back a closed tab if you're on Mac.

**2. Undo everywhere with a simple keyboard shortcut.** Did you know you can undo nearly any action in a Windows operating system? You probably know that pressing Ctrl + Z will undo anything you just typed, but this also applies to everything else. For example, if you accidentally moved or deleted a file, hitting Ctrl + Z will bring it right back to its original location. Additionally, you can redo anything you undid by pressing Ctrl + Y.

More hints next month.

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