

# The Welcome Mat

## Newcomers & Friends of Redding

Volume 4  
Number 10

October  
2020

### Message from the President

Greetings, Redding Newcomers & Friends Members:

I hope you are all doing okay with the smoke from the fires and staying safe and healthy. We had our canned food drive for the Mission on Wednesday, September 16<sup>th</sup>. Thank you so much to the members who dropped off food, personal hygiene items, bedding, and clothes. The Mission is extremely grateful for your generosity.

I want to thank Pam Albo and Cheryl Zeh (chairs of the Summer Celebration) for the gift of wine, flowers, and a book. I was quite surprised when Pam rang my doorbell during our last board meeting bearing gifts. They know how much I love my Moseley's Family Cellars wine.

We continue to miss each other, so I am asking again for you to reach out to fellow members just to see how they are doing. Isolation can be depressing. Let's keep each other's spirits up. Please make it a point to call three of our members in the next month and ask them to call another three members. Let's keep the phone tree going. Thanks so much for your help and remember to Begin Each Day With a Grateful Heart.

Our next Zoom board meeting is Tuesday, October 20<sup>th</sup> at 9AM. Please let me know if you have any items you would like to present at the meeting.

President Freddie Martin



### An Interview with Member

Carmen Gertz

#### Introduction

Jim Gertz traveled the world, mostly overland with a backpack, and he kept journals of his travels. Carmen transcribed those journals some years ago. Once retired and moved to Redding, Jim started to write a book about his adventures. He finished the book in April 2019.

He was diagnosed with a deadly brain cancer in July 2019, but started getting sick in May. After various hospital stays, he lasted four weeks at Sierra Oaks Residential Care facility here in Redding and died on September 3, 2019.

During his illness, all he talked about was getting his book published, which Carmen managed to accomplish this year.

Available on Amazon: *The World is My Window* by Jim Gertz. It is available as an eBook or paperback.

**When did Jim first realize he wanted to be a writer?** Once his journals were transcribed to the computer, he wanted to write a book about his travels.

**Can you tell me about the book?** It is the story of a native 23-year-old American who took a short trip to Europe that turned into an eight-year journey around the world, working, studying, and traveling overland by train, bus, truck, car, riverboat, ferry, and walking many miles and meeting the love of his life on the way.

**How did you get the book published?** Getting advice from a friend to self-publish with Kindle on Amazon.

**What does the title mean?** He loved to look at the world and what is out there to learn, to experience, to discover, to study.

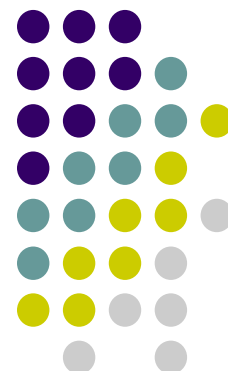
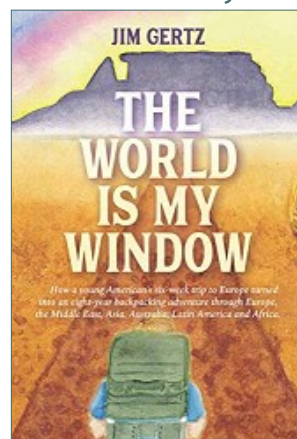
**Had Jim written any other books?** No. This was his only book.

**Did Jim ever get writer's block?** He worked on his book endless hours. Yes, he experienced frustration, especially with the European chapter.

**What does the rest of the family think of his writing?** They haven't read the book yet. They are reading it now for the first time.

**Do you hear from the readers much? What kinds of things do they say?** Yes, I have gotten a lot of feedback already. Many admire his courage and his determination, especially considering how little money he had to spend.

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**Smiles**  
By Carol Whitney

"No one thought when we set back our clocks last March we'd go from Standard Time into the Twilight Zone!"

**Our Food Drives**

Until regular meetings resume, if you wish to assist charities in providing food and other necessities to those community members in need are encouraged to donate money or food/goods directly to the charity of your choice.

Charities you have generously supported in the past through the Newcomer's One Can at a Time Food Drive are:

- The Salvation Army
- Good News Rescue Mission
- Exodus Farms
- One Safe Place
- Eagles Soar
- People of Progress
- Mercy Oaks Senior Nutrition Ctr

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**Members Share**

**Donna Holloway**

Joined May 2018

**What is the craziest/most daring thing you have ever done?** I rode horses for many years and riding at a full gallop is exciting and a bit scary.

**If you could play a scene in a movie, what would it be and which character would you play?** *The Sound of Music*. I would be Maria singing in the hills. I have never had a singing voice and always longed for one.

**Describe your best friend in three words.** Listener, wise, compassionate.

**What is your favorite quote?** "You are not responsible for fixing everything that is broken. You do not have to try to make every-one happy." (Unknown)

**If a millionaire decides to fund your all-expenses-paid, one-week trip to anywhere, where would you go, and what would you do?** The Galapagos Islands. See the flora and fauna before it disappears.

**What food do you dislike the most and why?** Liver. I don't care for organ meats.

**What kind of a dessert would you be?** Warm bread pudding.

**If you could have a magical power, what power would you choose?** To be able to fly. When I was a child I used to dream that I flew from my house over the city or anywhere I chose.

**Catherine Storme**

Joined January 2015

**What is the craziest/most daring thing you have ever done?** Who knows, they all seem very calm now.

**If you could play a scene in a movie, what would it be, and which character would you play?** *When Harry meets Sally*. you know the scene.

**Describe your best friend in three words.** Loyal, caring, & fun.

**What is your favorite quote?** "There is nothing so stable as change." Bob Dylan, I think.

**If a millionaire decides to fund your all-expenses-paid, one-week trip to anywhere, where would you go, and what would you do?** New Zealand, with close friends & more if I could explore, EXPLORE, and enjoy ourselves.

**What food do you dislike the most and why?** Fake foods, diet sodas. Hardly any!

**What kind of a dessert would you be?** New York-Style cheesecake (had at my wedding).

**If you could have a magical power, what power would you choose?** Transportation or flying. Like *Star Trek* or a witch.

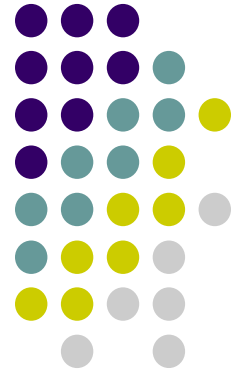


A while back Newcomers bought a brick to support the new Riverfront Playhouse.



# October

Monday	Tuesday	Wednesday	Thursday	Friday
			<b>1</b> DARK Matinee & Critique DARK Round Robin (P)	<b>2</b> DARK Coloring Craze
<b>5</b> DARK Bunco DARK Mah Jongg	<b>6</b> DARK Mexican Train	<b>7</b> DARK Prospective Member Coffee	<b>8</b> <i>Welcome Mat Submissions for November</i> DARK Open Bridge DARK Hand & Foot DARK Why Cook Tonight?	<b>9</b> DARK Quilt 'n' Friends
<b>12</b> DARK Bunco DARK Ladies Bridge	<b>13</b> DARK Kitchen Kapers DARK Double Deck Pass (P)	<b>14</b> DARK Redd Thumb DARK Charmers (B) DARK Ladies-Only Dine Out	<b>15</b> DARK Creative You	<b>16</b> DARK Trumpettes (P) DARK Outdoor Adventures
<b>19</b> DARK Bunco DARK Mah Jongg DARK Writers Group	<b>20</b> 9AM VIRTUAL Board Meeting DARK Ladies Open Pinochle	<b>21</b> DARK Needle-nuts DARK Hand & Foot	<b>22</b> DARK Open Bridge DARK Book Review DARK Pick of the Vine	<b>23</b> DARK Out-to-Lunch Bunch
<b>26</b> DARK Bunco DARK Ladies Bridge	<b>27</b> DARK Luncheon Party	<b>28</b> DARK General Meeting DARK Charmers (B)	<b>29</b> DARK Lucky Ladies (P)	<b>30</b>



# About Members

## Send a Little Sunshine

Sunshine Lady Sharon Chesnut  
949.7545/sgc1040@gmail.com

### Sunshine Lady Co-Chairs

Ame Dodge

229.0829/gerrs57@aol.com

Pam Baugh

226.9990/jodyjill@sbcglobal.net

The following cards  
were sent in September

### Get Well

Shari Dobbins had a serious fall and was in the hospital. Then to rehab (she is at Quartz Hill Acute Care). Pam Baugh spoke to her husband recently, and he was unsure how long she would be in rehab, but pleased she is making progress in her recovery.

Johnni Hansen recently had surgery on both feet! At home and doing well.

### Sympathy

A card was sent to Gail Dahl and her family. It was her son and his friend who died in a recent plane crash outside of Susanville. Both of them were experienced flight instructors. A very sad accident for so many of their friends and family.

Patty Marlowe was a longtime member of Newcomers before moving away. She and her husband Steve were very active community members in Redding. Freddie Martin was notified by Patty's family that Newcomers was on her list of those to be notified of her passing. She passed away recently from a rare, untreatable form of cancer. We will be notified of a virtual memorial when information is available.

Several cards were mailed to those who requested to not be listed in newsletter. However, they much appreciated being remembered.

## Falling for You

Don't you just LOVE when Fall Season comes? Pumpkin spice fills the air, apple pies look more delicious than usual, and cooler temperatures are on the horizon. The changing of the season is a welcomed relief, and yes, even when the rains come.

Once again, Mother Nature surrounds us with her beauty. All of us enjoy spending time in the outdoors, walking, shopping, gardening, and more importantly, being with one another.

The suggestion in last month's *Welcome Mat* for each of us to call three Newcomers has been a tremendous success. It's inspired me to keep it going!

If you are thinking of someone today, please call her. I know she would love to hear from you. Your voice will be just what she needs! If you haven't received a call yet from a Newcomer, call me at 949.0115.

Yours truly,  
Vicki Burroughs, 2nd VP

If you know a member who could  
use a little sunshine,  
let us know.  
We appreciate  
your referrals.

### Roster Updates

Please remember to notify  
Membership Chair **Ruth Plato**  
**246.2473**

**ruth.plato@yahoo.com**  
with any changes to your info

### New Member

Pat Deem

1756 Vineyard Trail Redding  
510.1871

### Change

Pam Baugh

honey1hosana@gmail.com





# Birthdays

## October Birthstone

The gemstone tourmaline is the official birthstone for October, as adopted by the American National Association of Jewelers in 1912. The name tourmaline comes from the Sinhalese (Sri Lanka) word *tura mali*, which translates as "the stone of mixed colors."

The stone is available in a wide variety of colors from black to bluish-black, dark brown, yellow, medium brown, blue to neon blue, lime to dark forest green, red and reddish purple, yellow, pink, and clear.

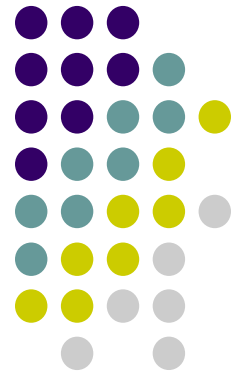
Bi-colored and multicolored tourmaline may be green at one end and pink at the other. Watermelon tourmaline is green on the outside and pink on the inside. Some stones are dichroic meaning they appear to change color when viewed from different angles.

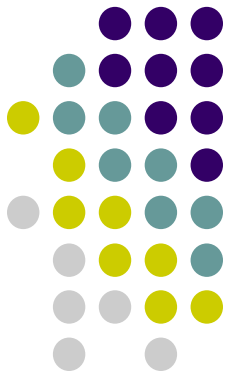
Tourmalines are mined everywhere in the world, including Africa, Afghanistan, Africa, Australia, Brazil, Kenya, Madagascar, Mozambique, Nigeria, Pakistan, Siberia, Sri Lanka, Tanzania, the USA, and Zimbabwe.

Ancient legend says tourmaline is found in all colors because it traveled along a rainbow and gathered all the rainbow's colors.

Tourmaline is believed to strengthen the body and spirit, especially the nervous system, blood, and lymph. It is also thought to inspire creativity and was used extensively as a talisman by artists and writers.

Bente-Beasley	Magda	1
Gardetto	Pat	1
Soltis	Billie	2
Schafhirt	Dot	3
Peterson	Glinda	4
Beck	Elsie	6
Crownover	Jeanne	6
Eyre	Linda	6
Charles	Connie	7
Lundbom	Diana	9
Bohm	Judy	10
Welch	Linda	10
Bowling	Romona	11
Campbell	Linda	11
Farley	Shirley	11
Harris	Kay	11
Holloway	Donna	11
Moroney	Faye	12
Nail	Linda	13
Gustafson	Anna	16
Stuckert	Kathy	16
Kuykendall	Donna	17
Morton	Cheryl	18
Roberts	Frances	18
Varga	Sherry	18
Tornillo	Mary Ann	21
Chesnut	Sharon	23
Miller	Linda	23
Berns	Falla	24
Martin	Shirley	24
Pauletich	Kathy Kadar	24
Self	Mary	27
Shaw	Bobbie	29





# Redding Newcomers & Friends

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October 2020

## How to Access & Register on Our Website

1. Go to [reddingnewcomers.com](http://reddingnewcomers.com).
2. Click on User Login, which is located at the top of the page.
3. Click on Register. A new page will appear.
4. Enter the password **RNC2018** and click on Enter. A new page will appear.
5. Complete all the following information:
  - First Name
  - Phone Number
  - Mobile Number
  - Last Name
  - Email Address
  - Birthdate
  - User Name
  - Password
  - Confirm Password (Be sure to remember your password. We will not have a record of what it is.)
6. Your registration will then need to be authorized. This may take a day to accomplish. Either Sharon Roberts or Carol Skill checks the website daily to activate new registrations.
7. When you sign in, the user name you will enter will be either your email address OR your username, and the password you will enter will be whatever you have selected.
8. If you have trouble, contact Carol Skill ([fskill@shasta.com](mailto:fskill@shasta.com)) or Sharon Roberts ([jimandsharon@charter.net](mailto:jimandsharon@charter.net)) for help.

### Carmen, Cont'd from Front Page

*What do you think makes a good story?*  
Something people can identify with or like to fantasize about.

*What was Jim's favorite book?* Oh, he had many. He loved to read nonfiction books only. Biographies, travel stories, history. He also enjoyed books relating to economics, finance, politics, religion.

*Anything about Jim you want the world to know?* Jim had a hunger for life, a passion for travel, a desire to learn, and to discover. He was curious about anything and everything. He was an avid reader, loved to discuss economics, history, geography, and politics. Rarely would he argue with you, rather he listened to the other person's point of view to learn something he might not have known before. He would say many times to me: "What I have learned from my travels and also living overseas, no matter what religion, culture, nationality, color of your skin, language you speak, we all want the same in life: love, food, and shelter."