

the WELCOME MAT

FROM THE PRESIDENT

Well... We made it to the new year. Hello and welcome 2021!

We are hoping sometime this year we will be able to have some in-person events, but we aren't sure when the restrictions will be lifted. I am certainly missing seeing everyone.

My hope and dream for all of you is to find joy and peace in 2021. Stay safe and healthy until we meet again. I'm looking forward to seeing many of you all at our Virtual General Meeting.



OUR MAIN NEWS

2	NEW FORMAT BOARD MEETING
2	HISTORY LESSON
2	SMILES
2	OFFICERS
3	Calendar
4	Sunshine
4	Roster Update
4	Birthdays
5	Members Sharing
6	Webpage



January Color is Caramel

Logical, practical, down-to-earth.
This lovely brown color can help with grounding oneself and one's ambitions.



“With a new day comes new strength and new thoughts.”

Eleanor Roosevelt



NEW FORMAT GENERAL MEETING

Who is ready to Zoom? Join us on January 27th at 10AM for our first general meeting of 2021 via Zoom. Darryll Alvey, board president of the Riverfront Playhouse of Redding, will share a brief history on the theater followed by what they are doing now and what is planned next. I'm looking forward to seeing all of you and your smiles on the big screen.

Vicki Burroughs

HISTORY OF NEW YEAR'S RESOLUTIONS

From history.com

The ancient Babylonians are said to have been the first people to make New Year's resolutions, some 4,000 years ago. They were also the first to hold recorded celebrations in honor of the new year, though for them the year began not in January but in mid-March, when the crops were planted.

During a massive 12-day religious festival known as *Akitu*, the Babylonians crowned a new king or reaffirmed their loyalty to the reigning king. They also made promises to the gods to pay their debts and return any objects they had borrowed. These promises could be considered the forerunners of our own New Year's resolutions. If the Babylonians kept to their word, their (pagan) gods would bestow favor on them for the coming year. If not, they would fall out of the gods' favor, a place no one wanted to be.

“

Every calamity is to be overcome by endurance. *Virgil*

”

Officers

Editor

Cheryl L Zeh
 cheryl.zeh@gmail.com
 H: 474.4027 (no text)
 C: 360.0314

Proofreader

Karen Foss
 222.1605

President

Freddie Martin 355.5806

1st Vice President

Diane Silver 949.1254

2nd Vice President

Vicki Burroughs 949.0115

Secretary

Jan Haskell 928.300.9707

Treasurer

Karen Coupe-Bonnett 916.715.1447

Financial Secretary

Peggy Niswander 222.1315

Membership

Ruth Plato 246.2473

Parliamentarian

Lucinda Williams 410.1822

Smiles

By Carol Whitney

“I'm wearing a mask
 at home. Not for Covid but
 to stop eating!”

January

				<p>1 DARK Coloring Craze</p>
<p>4 DARK Bunco DARK Mah Jongg</p>	<p>5 DARK Mexican Train</p>	<p>6 DARK Prospective Member Coffee</p>	<p>7 DARK Matinee & Critique DARK Round Robin (P)</p>	<p>8 DARK Quilt 'n' Friends</p>
<p>11 DARK Bunco DARK Ladies Bridge</p>	<p>12 DARK Kitchen Kapers DARK Double Deck Pass (P)</p>	<p>13 DARK Redd Thumb DARK Charmers (B) DARK Ladies- Only Dine Out</p>	<p>14 Welcome Mat Submissions for February DARK Open Bridge DARK Hand & Foot DARK Why Cook Tonight?</p>	<p>15 DARK Trumpettes (P) DARK Outdoor Adventures</p>
<p>18 DARK Bunco DARK Mah Jongg DARK Writers Group</p>	<p>19 10AM VIRTUAL Board Meeting DARK Ladies Open Pinochle</p>	<p>20 DARK Hand & Foot DARK Needlenuts</p>	<p>21 DARK Creative You</p>	<p>22 DARK Out-to-Lunch Bunch</p>
<p>25 DARK Bunco DARK Ladies Bridge</p>	<p>26 DARK Luncheon Party</p>	<p>27 10AM VIRTUAL General Mtg DARK Charmers (B)</p>	<p>28 DARK Book Review DARK Pick of the Vine DARK Open Bridge DARK Lucky Ladies (P)</p>	<p>29</p>



SEND A LITTLE SUNSHINE

Sunshine Lady Sharon Chesnut
 949.7545/sgc1040@gmail.com
 Sunshine Lady Co-Chairs
 Ame Dodge
 229.0829/gerrs57@aol.com
 Pam Baugh
 226.9990/
 honeyhosana@gmail.com

The following cards
 were sent in December

GET WELL

Shari Dobbins had surgery last month to repair a spinal fracture. She has been in rehab at Marquis in Redding, with a discharge to home planned for December 11th.

If you know a member who could use a little sunshine, please let us know.

We appreciate your referrals.



SYMPATHY

Sue Aubuchon's brother, Greg Gebhardt, recently passed away. He was a long-time resident of Redding.

Joan Cupp's husband Jim recently passed away. A donation card was sent to Joan to let her know a donation to the Scholarship Fund will be made in his name.

ROSTER UPDATES

Please remember to notify
 Membership Chair Ruth Plato

246.2473

ruth.plato@yahoo.com
 with any changes to your info

Joyce Way
 joyceinredding39@gmail.com

“

en • dur • ance (noun) the power to withstand pain or hardships; the ability or strength to continue despite fatigue, stress, or other adverse condition.

”

BIRTHDAYS

Penny	Grimstead	1
Barbara	Roberts	3
Jane	Metzner	7
Lynn	Smith	8
Judith	Bailey	9
Jerri	Jones	9
Bonny	McConnell	12
Cecile	Penka	13
Lois	Schubert	14
Kimberly	Healey	15
Joann	Jensen	15
Jan	Haskell	17
Penny	Gironda	19
Sandy	Marlar	19
Norma	Moore	19
Mary	Hanrahan	20
Sharon	Salpas	20
Cathy	Doering	23
Kristine	Holm-Shanley	24
Lucinda	Williams	25
Andi	Winters	25
Janice	Gabriel	26
Mary	Hinchcliffe	28
Noella	Pearson	28
Margaret	Wolph	28
Judy	Smith	29
Janice	Tinto	29

MEMBERS SHARING

If you could be invisible for one day only, what would you do? I would take my latest Nora Roberts book to a secluded spot and READ. Of course, I would have to arrange for someone to take care of my husband, all of our pets, and our livestock so it may not have been worth the effort for just one day.

If someone asked to be your apprentice and learn all you know, what would you teach her? I would teach her to be organized, create a To-Do List for the day, week, and month, and to always allow some me-time during every day.

Are there any treasured family heirlooms? Who has it now? Our family treasure is the Andregg family *Bible* from the late 1800s, and I have it at our home.

What's the best type of cheese? We like sharp cheddar cheese, but I don't eat much of it. It is too bad on the diet.

What single invention had the biggest impact on your life? Our goal to go to the moon that was created by JFK in the early '60s, had the biggest impact on my life. When in high school, I wanted to be an airline stewardess so I could travel in style, but JFK helped me change my direction. I got a BS in mathematics and decided to be a teacher. Back in those days in the Deep South, teaching was what was available to women. I was the only woman in my math and science classes at University of Georgia.

What makes you feel like dancing? Line dancing music makes me want to dance. I have a strong background in dance, and you can do line dancing without a partner.

CONTINUED ON PAGE 6

If you could be invisible for one day only, what would you do? If I were invisible for a day, I'd sneak onto a plane to Hawaii.

If someone asked to be your apprentice and learn all you know, what would you teach her? I would teach [that] someone to can and make jam/jelly.

Are there any treasured family heirlooms? Who has it now? I have my aunt's antique abalone ring. It is one-of-a-kind.

What's the best type of cheese? My favorites cheese is Swiss or Sharp Cheddar.

What single invention had the biggest impact on your life? I would have to say, the biggest impact on my life is the cell phone, although the microwave is a close-second.

What makes you feel like dancing? Some classic Rock N' Roll music makes me want to dance.

In 40 years, what will people be nostalgic for? I think small family businesses will be very rare in 40 years and will be missed.

If all of the states were represented by food, what food would California be represented by? I'd say California is known as the Avocado State.

If animals could talk, which would be the rudest? If cats could talk, they would be the rudest animal. They have moods and quirks more than humans.

If you could be invisible for one day only, what would you do? I would gather evidence on crooked politicians of their wrongdoings so they could be brought to justice.

If someone asked to be your apprentice and learn all you know, what would you teach her? To be an independent person who can take care of herself; to be self-confident, authentic, and honest with herself; take responsibility for her actions; and remember we get to choose our attitude every day. I believe in living by the Golden Rule.

Are there any treasured family heirlooms? Who has it now? My brother has our grandfather's surveying equipment.

What's the best type of cheese? Romano! And I love mozzarella and ricotta together, especially in a deep-fried calzone.

What single invention had the biggest impact on your life? I often hear myself praising the GPS on my phone. I'd be lost without it. Hahaha!

What makes you feel like dancing? When I hear good music with a good beat, I can't help myself, I start bebopping wherever I am.

In 40 years, what will people be nostalgic for? I think they will miss our generation and the knowledge of the past that will be lost.

If all of the states were represented by food, what food would California be represented by? Avocados.

If animals could talk, which would be the rudest? Cats, of course. I have two.



HOPE BJERKE



SANDI CAIN'S BFF



RHONDA HODGSON

REDDING NEWCOMERS & FRIENDS

PO Box 494204

Redding California 96049.4204

December 2020

HOW TO ACCESS & REGISTER ON OUR WEBSITE

1. Go to reddingnewcomers.com.
2. Click on User Login, which is located at the top of the page.
3. Click on Register. A new page will appear.
4. Enter the password **RNC2018** and click on Enter. A new page will appear.
5. Complete all the following information:

First Name	Birthdate
Phone Number	User Name
Mobile Number	Password
Last Name	Confirm Password (Be sure to remember your password. We will not have a record of what it is.)
Email Address	
6. Your registration will then need to be authorized. This may take a day to accomplish. Either Sharon Roberts or Carol Skill checks the website daily to activate new registrations.
7. When you sign in, the user name you will enter will be either your email address OR your username, and the password you will enter will be whatever you have selected.
8. If you have trouble, contact Carol Skill (fskill@shasta.com) or Sharon Roberts (jimandsharon@charter.net) for help.

CONT'D HOPE BJERKE SHARES

In 40 years, what will people be nostalgic for? In 40 years, I think people will want to remember the good old days when they had their families close by. My family is on the East Coast, and I miss them terribly. We were there for Christmas last year, but now we just Zoom as often as we can.

If all of the states were represented by food, what food would California be represented by? California would be the Avocado State, with the almond running a strong second. I never tasted avocado until I moved to the West.

If animals could talk, which would be the rudest? I really love animals and have had really good experiences with them here on our ranch. So, I don't know a rude animal. I think all the animals protect their young and provide for them as best they can. If humans would take a lesson from the animals, we could probably cure rudeness.